

Q-SWITCHED ALEX (QSA)

POST CARE INSTRUCTIONS

QSA is a laser treatment used for removal of benign brown lesions on the skin. It removes freckles and seborrheic keratoses. Seborrheic Keratoses ("SKs") are non-cancerous growths of the outer layer of skin. They are usually brown, but can vary in color from light tan to black. They can be flat or raised and range in size. The exact cause of seborrheic keratoses is unknown; however, they are often hereditary. Laser removal of these brown spots is usually recommended for the best cosmetic outcome of removal. QSA laser removes or reduces the pigment while decreasing the risk of scarring. The darker the SK, the more it responds to the laser. Multiple treatments are sometimes needed, especially if the SK is larger or raised. QSA is not used for mole removal.

Expectations and skin care following treatment:

- The brown spots treated will darken and then start to flake off. Some treated spots may blister.
- Brown spots treated on the face typically heal in 10-14 days. Brown spots treated on the trunk can take several weeks to heal. Brown spots treated on the extremities take the longest to completely heal, weeks to months.
- While healing, keep the treated lesions moist with ointment such as SkinCeuticals Hydrabalm, Vaseline, Aquaphor, or CeraVe Healing Ointment. You may also use a healing emulsion such as SkinCeuticals Epidermal Repair, Biafine, or Cicalfate. DO NOT let a hard scab form during the healing process.
- Do not scrub the treated area with abrasive or harsh cleansers.
- Do not pick at the treated lesions.
- You may cover the treated lesions with a band-aid; although, this is not necessary.