

# LASER TATTOO REMOVAL

## POST-CARE INSTRUCTIONS

Tattoo removal is done in a series of treatments. Depending on the tattoo size, color and ink density, it can take anywhere from 3 to 20 treatments. We generally treat the tattoo every 6 weeks. Sometimes best results occur if we wait 8-10 weeks between treatments.

With tattoo treatment, pinpoint bleeding may occur. Immediately following your laser treatment, the treated area will become a whitish-gray or red color. The discoloration will change and lighten over a period of 7-14 days as it heals. The treated area must be treated delicately during this time.

Recommended care:

Do not rub, scratch or pick at the treated area

Avoid pressure from tight clothing.

Avoid rubbing the treated area with a washcloth. Gently pat dry after washing.

Avoid contact sports or excessive sweating during the healing period.

If you experience discomfort or stinging after the treatment this will usually last for no more than a few hours. To relieve this discomfort, you may take Tylenol/Advil or apply a cold compress wrapped in a soft cloth material.

Please keep the dressing that we have applied in place for as long as you can. If the corners of the bandage begin to peel up, you may trim them down. When you remove the bandage, cleanse the tattoo with warm water and a mild soap. Pat the area dry and apply another dressing (either duoderm or Biafine and tegaderm). Your clinician will help you decide which dressing is appropriate for your tattoo.

During the healing process, please keep the treated area clean and away from direct sun exposure. If you notice any signs of infection (redness, increased discomfort or pus), please call our office at 205-870-3303 for further assistance.