

## INFINI

## POST CARE INSTRUCTIONS

**What is Infini?**

Infini combines microneedling with radiofrequency to deliver energy deep into the targeted tissue to stimulate production of collagen and elastin. Collagen will continue to rebuild for weeks following your treatment, so improvement will become noticeable over the next 6 months and results can last for years. Infini is effective in treating scars and acne scarring, tone and textural changes, fine lines and wrinkles, sagging skin, and is used for overall skin rejuvenation.

**Skin care following treatment:**

- Day 1: If given Revive Serum, you may apply this twice daily until empty starting on the day of treatment (only applicable for some indications, you might not have been given this serum). Otherwise, DO NOT APPLY ANYTHING topically to your skin for 24 hours. This includes all skin care products, Vaseline, make-up, lotion, sun screen, etc. You may apply clean ice packs to treatment area to help alleviate post procedural discomfort.
- Day 2-7: Cleanse skin twice daily with Free & Clear Cleanser (or other mild cleanser). Use Alastin Skin Nectar (or mild moisturizer) as needed as a daily moisturizer. Apply Elta MD UV Pure sunscreen every morning.
- Once your skin has completely healed (usually 2-7 days) you may resume your normal skin care routine.
- Do not engage in strenuous physical activity for 48 hours.
- Do not utilize NSAID's such as Ibuprofen, Aleve, Advil, Motrin, etc. Infini uses your own body's inflammatory immune response to achieve results so you do not want to suppress the inflammation following this treatment. OTC Tylenol can be taken to alleviate pain or discomfort.

**Expectations following treatment:**

- You can experience redness and swelling for up to 48 hours after treatment. You may also experience micro-crusting caused by needle entry. If micro-crusting occurs do not scrub, rub, or pick at the crusts. Allow them to come off naturally. Healing time varies per patient, but most resume normal activities after 48 hours.
- Over the course of the next week, your skin tone will start to appear brighter and you may notice a reduction in sebum secretion.
- 1 month post treatment you will notice improvement of fine lines and wrinkles.
- 1-3 months post treatment you will notice improvement in appearance of pore size, scars, skin laxity, and continued improvement of fine lines and wrinkles.
- Number of treatments needed varies depending on your goals for your skin. We typically recommend a minimum of 3 treatments scheduled 4-6 weeks apart; however, in some cases more than 3 treatments are necessary to achieve optimal results.