

# DERMAL FILLER

## POST CARE INSTRUCTIONS

Dermal filler injections help diminish lines and restore fullness and volume that we naturally lose as we age. Common, temporary side effects include redness, discomfort, bruising and swelling at the injection site. Cold compresses may be used to reduce swelling up to 48 hours after treatment., but please do not put too much pressure on injected areas.

Discomfort (e.g. burning, itching and tenderness) may occur at the injection site and last for a few days. Potential bruising will typically subside on its own within 7-10 days. For a faster recovery period, we offer complimentary laser treatment to all of our injection patients. Simply give us a call to schedule.

Avoid applying pressure to the treated area for 12 hours after injection. Gently washing your face is allowed, but do not undergo facial massaging for 4 days after treatment.

Final results will occur within 2 weeks. Any initial swelling or lumps should resolve within this time. If you feel pain or you see a gray, lacy pattern over injected areas, please call the office or after-hours line immediately.

Filler typically lasts from 9 months to over a year depending on the type of filler, the location of the injection, and the individual's metabolic rate. Evidence has shown that receiving follow-up filler treatments before the product has fully dissipated can enhance and promote lasting effects.

### CONTACT US

Should you have any questions or concerns following your treatment, please give us a call at 205-870-3303. You may also use Klara, our HIPPA-protected text messaging system, to contact our team during office hours. Klara can be accessed through our website at [birminghamskin.com](http://birminghamskin.com)